

The Wellbriety Pathway to Healing Gathering Agenda
March 7-10, 2019
Portland, OR

Thursday		
Time	Event	Location
3:00 pm	Registration Opens and Vendor Set-Up	
4:00 pm-4:30 pm	Opening Prayer & Welcoming Remarks	Mount St. Helens Ballroom
4:30 pm-5:30 pm	Welcoming Remarks from Executive Director J. Carlos Rivera, White Bison, Inc.	Mount St. Helens Ballroom
5:30 pm-6:30 pm	Networking	Mount St. Helens Ballroom
Friday		
Time	Event	Location
7:15 am-8:15 am	Yoga, Guided Meditation, or Wellbriety 12 Step Meeting	Yoga-Multnomah Room Guided Meditation- Weyerhauser Wellbriety 12 Step Meeting- Crown Zellerbach
7:30 am	Registration Opens and Vendor Set-Up	
8:30 am-9:00 am	Opening Ceremony	Mount St. Helens Ballroom
9:00 am-9:45 am	Keynote: 2019 State of the Wellbriety Movement and Where We Are Headed Don Coyhis, White Bison, Inc.	Mount St. Helens Ballroom
9:45 am-10:00 am	BREAK	
10:00 am-11:00 am	Workshops 1. Trauma Track: Together We Heal: Understanding the Emotional, Physical, and Spiritual Cost of Generational Adversity, Trauma Experiences (GATE) and Persistent Trauma & Stress Environments (PTSE) –Lea Denny 2. Recovery Activism Track- Coyote Clans -Don Coyhis and Tom Hill 3. Wellbriety Programs of Interest Track: Medicine Wheel & 12 Steps for the Deaf -Carrie Howell 4. Community Change Track: Community Readiness Model -Dr. Pam Jumper Thurman & Dr. Barbara Plested 5. Other Pathways Track: TeleWell IHP MAT Project: Using Technology to Delivery MAT and Culturally-Based Healing Practices to Native Communities -Albert Titman & Dr. David Sprenger	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
11:00 am-11:15 am	BREAK	

11:15 am-12:15 pm	Workshops <ol style="list-style-type: none"> 1. Trauma Track: LGBTQ+ & Healing from Trauma-Kristina Padilla 2. Recovery Activism Track- What Do Coyotes Need to Learn-Tom Hill 3. Wellbriety Programs of Interest Track: Understanding the Purpose of Life: 12 Teachings for Youth-Sparrow Goudey 4. Community Change Track: Overview of 5 Year Community Improvement Plan-Don Coyhis 5. Other Pathways Track: IntheRooms.com Tour-Kenny Pomerance & Ron Tannenbaum 	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
12:15 pm-1:30 pm	LUNCH ON YOUR OWN	
1:30 pm-2:30 pm	Keynote: The Impact of Trauma on Early Childhood Development for American Indian/Alaska Native Children and Families -Dr. Marilyn Bruguier Zimmerman	Mount St. Helens Ballroom
2:30 pm-2:45 pm	BREAK	
2:45 pm-3:45 pm	Workshops <ol style="list-style-type: none"> 1. Trauma Track: Expressive Art Therapy: Healing Self, Family & Community-Barbara Blackdeer McKenzie 2. Recovery Activism Track- Creating Critical Consciousness through Dialogue-Tom Hill 3. Wellbriety Programs of Interest Track: Medicine Wheel & 12 Steps for Youth-Sparrow Goudey 4. Community Change Track: Overview of Wellbriety Trainings-J. Carlos Rivera 5. Other Pathways Track: AI-Anon: From Hurting to Healing to Helping-Barbara Aragon 	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
3:45 pm-4:00 pm	BREAK	
4:00 pm-5:00 pm	Workshops <ol style="list-style-type: none"> 1. Trauma Track: Survivors of Homicide Victims-J. Carlos Rivera & Claudia De Santiago 2. Recovery Activism Track- Amplifying Moral Courage through Action-Tom Hill 3. Wellbriety Programs of Interest Track: Daughters and Sons of Tradition-Sparrow Goudey and Albert Titman 4. Community Change Track: Coalition Building-Don Coyhis 5. Other Pathways Track: Holistic Wellbriety: Cleansing, Diet & Natural Remedies for Wellness-Denise Miller 	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
5:00 pm-7:00 pm	DINNER ON YOUR OWN	
7:00 pm-9:00 pm	Healing Circle (Optional)	Mount St. Helens Ballroom

Saturday		
Time	Event	Location
7:15 am-8:15 am	Yoga, Guided Meditation, or Wellbriety 12 Step Meeting	Yoga-Multnomah Room Guided Meditation-Weyerhauser Wellbriety 12 Step Meeting-Crown Zellerbach
7:30 am	Registration Opens and Vendor Set-Up	
8:30 am-9:00 am	Opening Ceremony	Mount St. Helens Ballroom
9:00 am-10:15 am	Keynote: <i>Help, Hope, and Healing for Children Hurt by Alcoholism and Drug Addiction</i>, Jerry Moe, Hazelden Betty Ford Center	Mount St. Helens Ballroom
10:15 am-10:30 am	BREAK	
10:30 am-11:30 am	Workshops <ol style="list-style-type: none"> 1. Trauma Track: <i>Early Childhood Trauma and the Cycle of Life Teachings</i>-Don Coyhis 2. Recovery Activism Track- <i>Coyotes in the Healing Forest</i>-Tom Hill 3. Wellbriety Programs of Interest Track: <i>Mending Broken Hearts for Youth</i>-Sparrow Goudey 4. Community Change Track: <i>Wellbriety Movement for Prisons</i>- Winona Stevens 5. Other Pathways Track: <i>Wellbriety Certified Treatment Centers</i>-J. Carlos Rivera 	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
11:30 am-1:00 pm	LUNCH ON YOUR OWN	
1:00 pm-2:15 pm	Keynote: <i>The Transcendental Meditation Program: A Case Study</i> -Prosper Waukon and Shirley Boncheff	Mount St. Helens Ballroom
2:15 pm-2:30 pm	BREAK	
2:30 pm-3:30 pm	Workshops <ol style="list-style-type: none"> 1. Trauma Track: <i>Veterans and Healing from Trauma</i>-Joseph Podlasek 2. Recovery Activism Track-<i>Activism in Urban Communities</i>-Janeen Comenote 3. Wellbriety Programs of Interest Track: <i>Wellbriety Lifeskills</i>-Don Coyhis 4. Community Change Track: <i>Implementation of Wellbriety Programs</i>-Julia McLester 5. Other Pathways Track: <i>Indigenous Leadership in a Contemporary World</i>-Prosper Waukon 	Mount St. Helens Ballroom Multnomah Room Weyerhauser Room Crown Zellerbach Room Washington Room
3:30 pm-3:45 pm	BREAK	

3:45 pm-4:45 pm	Workshops 1. Trauma Track: <i>Merging Developmental Trauma, Science, and Culture</i> -Steven Sawyer 2. Recovery Activism Track- <i>Voting Our Way into Visibility and Wellness</i> -Janeen Comenote 3. Community Change Track: <i>Leadership and Changing Consciousness</i> -Don Coyhis 4. Other Pathways Track: <i>Healing the Healers: The Way They Were, The Way They Are</i> – Dr. Henrietta Mann	Mount St. Helens Ballroom Multnomah Room Crown Zellerbach Room Washington Room
4:45 pm-7:00 pm	DINNER ON YOUR OWN	
7:00 pm-10:00 pm	Wellbriety Powwow (Optional)	Mount St. Helens Ballroom
Sunday		
7:15 am-8:15 am	Yoga, Guided Meditation, or Wellbriety 12 Step Meeting	Yoga-Multnomah Room Guided Meditation-Weyerhauser Wellbriety 12 Step Meeting-Crown Zellerbach
8:30 am-8:45 am	Opening Ceremony	Mount St. Helens Ballroom
9:00 am-9:45 am	Keynote: <i>Where Do We Go From Here?</i> J. Carlos Rivera, White Bison, Inc.	Mount St. Helens Ballroom
9:45 am-10:00 am	BREAK	
10:00 am-11:15 am	Elders Panel	Mount St. Helens Ballroom
11:15 am-11:45 am	Youth Track Presentation	Mount St. Helens Ballroom
11:45 am-12:00 pm	Closing Ceremony	Mount St. Helens Ballroom

SPECIAL EVENT: **Youth Track will run concurrently with the conference in the Glisan Room**